Castlegar | Slocan Valley 250-353-2602 1-800-663-4619

# Denny 1915e

December 20, 2021



Home Service Specialists





Holiday Hours | Dec 24: 8am - 6pm | Dec 25: CLOSED | Dec 26: CLOSED | Dec 31: 8am-6pm | Jan 1: CLOSED



Thank you to my clients for their support in 2021. I am always so humbled when you refer me to your friends and family. I am extremely grateful for your support.



Looking forward to helping you with your mortgage needs in 2022! Nancy Trotman 1-888-998-9513

mortgages@nancytrotman.com





### BOXING WEEK-BLOWOLIT

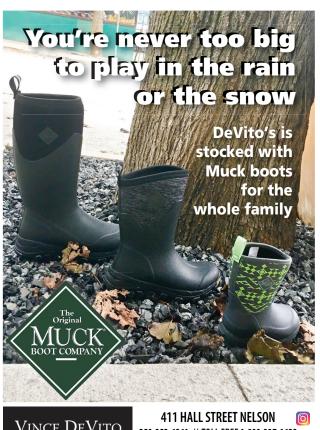
Dec. 26th - 31st



Kaslo Clothes Hanger 415 Front St

Boxing Day: sales only - no returns, exchanges or credits







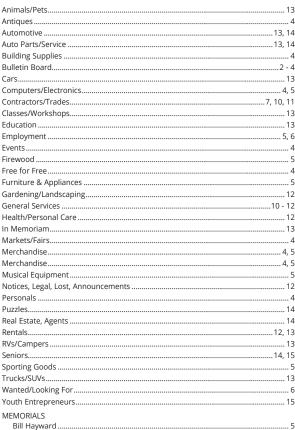
Wishing you the best of the season and a new year filled with hope and happiness

KS Kootenay Savings

250-352-6261 // TOLL FREE 1-800-337-1622







#### **Pennywise** Advertising Strategists Adam Prisciak





#### This Week's Puzzle Answers

## Drawing a Blank Larger solution online /www.pennywiseads.com/ puzzle-solutions/

email: info@pennywiseads.com editorial@pennywiseads.com

Box 430, #209 312 4th St, Kaslo, BC V0G 1M0

Pennywise also publishes the Go & Do Regional Guide, Visit Kaslo Guide, 4 Seasons in Salmo and the Central Kootenay Farm & Food Directory

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#### **Bulletin Board**



RENTALS & SELF-STORAGE: 20' & 40' new and used containers. Excellent for household storage, contractor tools & equip-ment, seasonal items, outdoor toys, business inventory, etc. Call 250-277-3560, MKV International Trading, 2812 Popoff Rd, South Slocan, BC (behind Kootenay Savings at the junction).

AFFORDABLE & SECURE HOUSE-HOLD STORAGE CONTAINERS: 20' & 40' units for sale or rent. Kootenay Containers, Castlegar. 250-365-3014.

#### **Bulletin Board**



A HEALTHY GIFT IDEA FOR YOU AND SOMEONE YOU CARE ABOUT: Enroll for classes starting January and gift someone at a fantastic discount! Visit https://qi-taichi.ca/winter-2022-special/

**ACCEPTING NEW PATIENTS!!** 

INTEGRATED **HEALTH** is open and now accepting new patients for Physiotherapy, Chiropractic care, Registered Massage Therapy and Acupuncture. Same day appointments available for Dr. Tyler Phillipson, DC. WORK-SAFE, RCMP, DVA AND ICBC accepted without medical referrals. Laser therapy and Orthotic prescription also available. Call 250-365-3365 or

visit www.kootenayintegrated.com

#### **Bulletin Board**

Mountain Bluebird, Panorama, East Kootenay

APPLEWOOD MASSAGE THERA-PY: Paul Chernoff, Registered Massage Therapist, injury related treatments, deep tissue therapy, ICBC, RCMP, VA, MSP. Appointments, please call 250-365-7752. 785 Silverbirch Lane, in the Oglow Subdivision Coatleyer. vision, Castlegar.

ATTENTION YOUTH ENTREPRE-**NEURS!** Place your classified ad with a photo of the product you have made to sell, or service you provide and Pennywise will run it for FREE!! for the month of **January!** Call 250-353-2602, 1-800-663-4619 or email info@pennywiseads.com for more info or to place your ad.

BIBLE STUDY: Don, 778-877-0579.

**BOIL WATER NOTICE** for Fletcher Creek Improvement District water users. Please inform all renters & guests. FCID has a moratorium on all connections until further notice. Visit www.fletchercreekwater.com

#### **Bulletin Board**



ALL YOU NEED IS ONE MINUTE: FREE online videos of simple and easy health tips from Tai Chi basics to bring into your everyday life. www.qi-taichi.ca/yqhm

**CHIROPRACTOR in KASLO: 409** Water St, (behind Figments), DR. McKENZIE, Tuesdays, 250-551-3225. For appointments, 250-352-1322.

CHIROPRACTOR, DR. McKENZIE, SALMO: Thursday mornings, Harmony Health Centre, call 250-551-3225. NELSON, M.V.F. Community First Health Co-op, 250-352-1322.

CUSTOM PICTURE FRAMING IN SALMO: Artwork, documents, textiles. Tara's Framing on Fourth St. 250-357-0022, www.tarabooks.ca

#### **Bulletin Board**

CLUE: A clever, long-lasting, locally-made Christmas gift. ANSWER: A subscription to ClassiCanadian Crosswords. A brand new puzzle delivered by email once a week. No wrap, no hassle, no problem. And cheap! One year just \$16.99. www.ClassiCanadianXwords.ca Barb Olson, 250-551-7441.

#### CORNUCOPIA WISH YOU A MERRY CHRISTMAS and a Happy New Year. Holiday hours:

Dec. 24, 9am-4pm; Dec. 25, closed; Dec. 31, 9am-5:30pm; Jan. 1, closed. Thank you! Leona, Russ and the staff.

DO YOU OFFER SENIORS' DIS-**COUNTS?** Advertise your discount in a classified ad for FREE in the month of **January!** Call 250-353-2602, 1-800-663-4619 or email info@pennywiseads.com for more info or to place your ad.

**HAPPY HOLIDAYS** from everyone at the Kaslo Hotel! www.kaslohotel.com

#### 'Tis the season to be generous

Generosity is the cornerstone of the holiday season, and some SD8 students are learning how important giving can be at this time of year, especially for those without a home or food security, or for those living with trauma.

In Nelson, the Wildflower Grade 5-6 Student Leadership Team has recently experienced just how broad and deep the community spirit of generosity can extend at this time of year. Together with educational assistant Kim Laybourne, this group of students from Kirsten Johnson's classroom have organized an online auction to fundraise for Residential School survivors.

Students brainstormed, scripted and planned most aspects of the fundraising campaign themselves, which included approaching local businesses for donations of

In Castlegar:

In Nelson:

Tandoori

Indian Grill

Cuisine of India

409 Kootenay St, Nelson | 250-352-5999

908 Columbia Ave, Castlegar | 250-365-0999

gift certificates, handicrafts and other new products or services that could become part of the auction.

"I was pretty nervous at first," shared Wildflower student Elena, "But now I feel proud that we could raise money for an important cause. I would definitely do it again!"

In four separate outings, the student group managed to collect over \$750 in gift cards and more than 40 individual items, all while gaining self-confidence and developing valuable communication and leadership skills through the process. The students are also witnessing incredible demonstrations of empathy and generosity from their local community members.

"One individual approached us right on the street, curious what the students were doing," said educational assistant Kim Laybourne, "He gave them a cash donation right then and there. The students were blown away!"

The Wildflower Leadership Online Auction is now live as a

Enjoy the authentic taste of Indian food at both our locations

Wishing everyone a very

Merry Christmas & Happy New Year!
We are closed on Saturday, Dec. 25 and open

regular hours during the holiday season at both locations.



Facebook group and will close Monday December 13th at 8 pm. To bid: https://www.facebook.com/groups/697663497805980/

Meanwhile out in the Slocan Valley, the Winlaw Student Leadership team has been busy decorating Winter Holiday boxes for each classroom to collect food donations this month. This annual giving campaign promotes the spirit of generosity,

but also is an opportunity to teach students about the larger concept of hunger and food scarcity in their community.

All funds will be donated to the Blood of Life Collective, a local Sinixt group and to the Indian Residential School Survivor Society.

All food collected by the students will be donated to the Slocan Valley Food Cupboard to contribute to their Holiday Hamper program, which is sponsored annually through the W.E. Graham Community Services Society. Student leaders have also been holding weekly popcorn sales to raise money to purchase gifts for the hampers.

" We are very proud of their enthusiastic commitment and community service" said Winlaw Principal Monica Doyle.

Several schools throughout the district are also collecting holiday gift and food donations for Holiday hampers. Parents are encouraged to inquire with your school directly for more information.

School District 8







#### **Bulletin Board**

ACUPUNCTURE, TRADITIONAL CHINESE MEDICINE, Registered Massage Therapy & Chiropractic Care. Head 2 Toe Holistic Health Clinic, 1237-3rd St, Castlegar. Call 250-304-8700 or book online www. head2toecastlegar.ca

**DR. McKENZIE, CHIROPRACTOR** at ALIGNMENTS PHYSICAL THERAPY CLINIC, 2025 Hwy 6, Crescent Valley. Thursdays, 2:30-7pm. Appointments call 250-352-1322, after 2:30pm Thursday, call 250-359-2227.

**FIGMENTS HOLIDAY HOURS:** Open every day except Dec. 25-26 and Jan. 1. 250-353-2566, Kaslo. Best wishes for 2022!

**FOR BODY, MIND & SOUL:** Book your stay at Ainsworth Hot Springs Resort. www.ainsworthhotsprings.

HAVE A SAFE & HAPPY HOLIDAY SEASON! From the Kaslo & Area Volunteer fire department!

#### **Bulletin Board**

GIFTS AND ESSENTIALS GALORE! CHRISTMAS IS AT THE THRIFT STORE! Wednesday-Saturday, 11:30am-2pm. Operated by the volunteers of the Victorian Hospital of Kaslo Auxiliary Society.

**GREETINGS FROM DIANA AND DOUG LOCKWOOD** to Salmo & Valley residents. May health, love, kindness and many laughs be with you in 2022!

JB'S PUB AND RESTAURANT WOULD LIKE TO THANK YOU FOR YOUR SUPPORT THIS YEAR! Winter Hours: Thursday through Sunday, 3pm-8pm. Phone 250-353-7716 for reservations or take out! Closing for staff holidays Dec. 20. We'll be back in the New Year!

**LOOKING FOR A UNIQUE GIFT?** Consider an astrology birth chart analysis. For more information go to www.celestialcharts.ca

**LOOKING FOR LANGHAM INFO?** Visit www.thelangham.ca

#### **Bulletin Board**

MIRROR LAKE WATER USERS COMMUNITY: Boil water advisory for all users. Inform renters and guests.

OUTREACH/HOMEBOUND SER-VICES: A homebound service is available to people who wish to use the Castlegar & District Public Library but are prevented from coming by prolonged illness or disability, and to seniors who lack transport. Books and audio books will be delivered to your home. Just phone 250-365-6611 and tell us what you like to read. One of our librarians visits Castle Wood Village and Castleview Care Centre once a month with books and audiobooks for residents to check out.

PENNYWISE HOLIDAY HOURS: Closed Friday, Dec. 17 thru Monday, Jan. 3. Live Loading Classified Ads Daily, Dec. 20-23 and Dec. 28-30 Submit your ads at https://www.pennywiseads.com/ad-submit/ or email info@pennywiseads.com Re-opening Tuesday, Jan. 4 at 10am. Happy Holidays!!

#### **Bulletin Board**

REGISTERED MASSAGE THERAPY: Accepting new patients. Joshua Kline, RMT. Head 2 Toe Holistic Health Clinic, 1237-3rd St, Castlegar. Call 250-304-8700 or book online www.head 2toecastlegar.ca

**SELKIRK TRUSS,** can provide all your custom trusses for your reno or new build. Visit our website www. selkirktruss.com and get the answers to many of your questions. Selkirk Truss, 2894 Sentinel Rd, South Slocan. 250-359-7000.

**SHARPENING SERVICE:** Saws, tools, scissors, knives, clipper blades. C&D Sharpening Service, 250-365-3658.

slocan community library will be closed from Dec. 20, 2021 to Jan. 5, 2022 inclusive. Come in and stock up on some good reads. We also have a generous selection of seasonal material. Holds and door pick-up available. Browse our website at www.slocanlibrary.ca

#### **Bulletin Board**

THE TREASURE SHOP IN CASTLE-GAR HOURS: Tuesday, Thursday and Saturday, 11am-3pm. Closed Dec. 19-Jan. 5, reopen on Thursday, Jan. 6, 2022. Wishing you the best of the Holiday Season. www.castlegar hospitalauxiliary.org

**USA - NEW AUTHORS WANTED!** Page Publishing will help self-publish your book. Free author submission kit! Limited offer! 866-951-7214.

**VISIT FIGMENTS TO FIND** quality-made, unique gifts and cards for one and all. 250-353-2566. www. figmentscanada.com

VITALITY MASSAGE THERAPY, ACCEPTING NEW PATIENTS: Friendly clinic, one patient at a time on premises, mask & sanitization recommended, extended medical insurance. Book online www.trailvitalitymassagetherapy.com 250-364-3024, 250-777-3024.

#### RDKB Board highlights

Board hears from forest industry on old growth deferral The Board welcomed representatives from the Interior



250-352-2123 wkms@telus.net

SERVING NELSON INDUSTRY **FOR OVER 25 YEARS!** 

Lumber Manufacturers' Association who spoke to the impacts of the Provincial government's Old Growth Deferral. The delegation stated that 70,000 ha of approved cutting permits in the region will be affected by the temporary pause on harvest and development planning. The representatives expressed that the deferral could be debilitating for the many ILMA members and their employees who live and work in the RDKB.

The Board will request a meeting with Katrine Conroy, Minister of Forests, Lands, Natural Resource Operations and Rural Development, to discuss the Old Growth Deferral and its impact on regional district communities and

#### Board supports grant request for Little Red Schoolhouse

The Board will send a letter of support to the Trails to the Boundary Society to accompany its application to Heritage BC for a grant for the Little Red Schoolhouse. Grant monies will fund architectural and engineering fees for the renovation of the historic building.

RDKB moves on North-South Corridor Initiative

The RDKB will send a letter to the Province of BC

requesting information about the condition and future of the Waneta Bridge and the north-south transportation corridor connecting Washington State to the Trans-Canada Highway.

The RDKB is concerned about the future economic growth of our region and is witnessing continued interest in businesses moving to the area. A long-term need for improved transportation networks to our border has been identified. Currently, much of the heavy-goods traffic through the lower Columbia region leaves the valley and travels up through the City of Rossland to return downhill to the Paterson border crossing. The Board is concerned about safety on the highways, especially in winter conditions; further, all traffic passes directly through the busy downtown core of Rossland and through elementary school zones. Environmental improvements can also be realized if major commercial traffic has an alternate option, significantly reducing the vehicle emissions associated with road climbs to and from the border.

**RDKB** 

FAIR REALTY





Good for 2 Prescriptions – Share the Savings.











WE NOW HAVE

#### **GLASS HOUSE** OPTICAL

Tuesday-Friday 10am-5pm

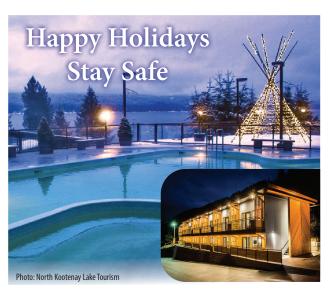
Saturday 10am - 4pm

701 Front St, Nelson 250.354.EYES (3937)

Unit 2, 688 18th St. Castlegar 250.365.2026

**Next to Common Grounds** Coffee Shop

Free sight testing both locations





Book your accommodation online at www.ainsworthhotsprings.com

Public pool times are online under 'pool reservations'.



#### **Bulletin Board**

**WANECO ENTERPRISES CUSTOM SAWMILLING:** Fir, cedar, clears, decking, timbers. 250-353-7126, wanecoent@gmail.com

#### **Events**

FAMILY STORY TELLING AD-VENT AND CHRISTMAS CELE-BRATIONS at St. Andrew's United Church, 500 4th St, Kaslo.

4-5pm Sundays, Dec. 5, 12, 19 and Christmas Eve Dec. 24. All are wel-

**®KORTS TRAILBLAZERS INVITE** ALL to the Winter Solstice Unity Bridge Light-Up celebration and social to WELCOME THE RETURN OF THE LIGHT! Tuesday, Dec. 21, 4-6pm, Unity Bridge at 5th St, Kaslo. Parking at Village Maintenance Shop or 5th St. Free hot chocolate and apple cider, cookies, fire barrels to keep warm, tarps for RAIN or

#### **Bulletin Board**

#### Markets/Fairs

SLOCAN VALLEY BLACK ANGUS **BEEF:** Sides \$4.99/lb; ground beef special, \$100 freezer packs; 50lb dog bones, \$49.99, soup bones and organs. Government inspected. Home of the Happy Cows. Wayne Savinkoff, 250-226-BEEF.

**TARZWELL FARMS:** Top grade, locally grown & naturally raised beef. Grain & grass finished, available year-round. Delivery to Nelson, Castlegar & Trail available. 250-428-4316 or find us on Facebook!

#### **Free for Free**

FREE DUCKS: 11 females, 1 male, 7mo. old. 250-687-8227.

FREE: TWO TOILETS; three bathroom sinks, bone coloured; one bathroom faucet. 250-365-8134.

ION EZ VHS CONVERTER: Never used. Contact George, 250-825 4243 and leave message.

#### **Bulletin Board**

#### **Free for Free**

KING MATTRESS AND BOX SPRINGS; Four Toyo M&S 215/65R16 tires (3 on rims); new Wrangler P265/70R16 M&S on mag rim. All items clean and good condition. 250-226-0034.

TWO FRIENDLY AMERAUCANA ROOSTERS: 18 weeks, free to good homes. 250-226-7426, Winlaw.

TWO SEARCH AND RESCUE JACK-ETS: Orange, XL. 250-365-7562, Castlegar.

#### **Personals**

LOM (LITTLE OLD MAN) seeking LOL (Little Old Lady) for LOL (Lots Of Laughs). Bill, 250-354-9080.

Want Locals to shop Locally? Then advertise locally. 26,000 local households reading your ad beats 10,000 world followers. Get relevant eyeballs on your products and sell more. Pennywise 250-353-2602

#### Merchandise

SEASON'S GREETINGS! HAVE A HAPPY AND SAFE HOLIDAY

REAL ESTATE SERVICES ~ CASTLEGAR, NELSON & RURAL AREAS 15+ Years Local Area Real Estate Buying & Selling Experience.

Your Guide to the Kootenays Residential/Commercial/Recreational.

250-365-9791 • KootenayConnection@gmail.com • KootenayConnection.ca

#### **Antiques**

FURNITURE, ANTIQUES & DE-**COR:** New items weekly. Follow us on social for exclusive offers and sneak peeks. Old School Furniture, 434 Rossland Ave, Trail. Check Facebook or Google for special holiday hours. Or book an appointment to view our warehouse. 250-521-3028.

#### **Building Supplies**

**ACE BUILDING CENTRE, KASLO:** Check us out for all your building needs and more! 250-353-7628, www.kaslobuilding.com

**BOB'S DOOR SERVICE: Commer**cial, industrial and residential garage door sales, service, repair and installation. 24hr emergency service. 236-972-2627

PERRY RIDGE PANELLING: Manufacturer of cedar, pine, knotty fir/ clear fir, edge or flat grain into siding, molding, panelling, flooring, decking and trim. 250-226-7530.

#### Merchandise

#### **Building Supplies**

HARROP-PROCTER PRODUCTS: Your local source for sustainably harvested building materials. A wide variety of cedar/fir lumber for every project. We also custom cut to order. Go green by supporting BC's only Eco-Certified Community Forest. Check out our products at http://www.hpcommu nityforest.org Call 250-551-5452 or email sales@hpcommunityforest. org for a quote. Monday-Friday, 8am-4:30pm & Saturday, 9am-3pm.

WANECO ENTERPRISES CUSTOM **SAWMILLING:** Fir, cedar, clears, decking, timbers. 250-353-7126, wanecoent@gmail.com

#### **Computers/Electronics**

CONOR'S COMPUTER REPAIR: Troubleshooting, network setup, virus/Malware scans. Castlegar and Nelson house calls. Courtesy computer available. 250-608-1583.

#### 'Tis the season to be PlantWise

**Buy Local Burn Local!** 

Here are a few tips on how you can protect the Kootenay region from invasive species this holiday season:

Seek out a Christmas tree from a local source: Small bugs, eggs and tree killing diseases can be in your tree and you may not know it. Source a tree that is within a 20 km of your house.

Use local wood for your wood stove & fire pit: Moving fire-wood long distances is one way invasive species can spread. Buy firewood close to your destination. Firewood that has been cut within 20 km of your fire is ideal.

Make holiday decor using local, invasive-free plants: home-made wreaths and center pieces made from natural materials can be beautiful, but ensure your are using invasive free materials. You can learn more about invasive ornamental plants and their alternatives in the Grow Me Instead guide which you can find online at bcinvasives.ca/play-your-part/plantwise/grow-me-instead/

Central Kootenay Invasive Species Society

#### Free arts and culture grant writing workshops

Want to learn more about how to apply for arts and culture grants delivered by the Columbia Kootenay Cultural Alliance? Attend a free workshop with a CKCA representative, who will share how to apply and what to expect from the application process.

Individuals working in all artistic disciplines as well as arts and cultural organizations residing in the Columbia Basin are invited to attend the workshops.

The Columbia Basin Trust's arts and culture grants are managed and administered by CKCA. The Trust proudly supports initiatives and projects that highlight Basin arts and culture.

Working with community arts councils, individual artists, performers, writers, and arts and cultural organizations, the goal of the Columbia Kootenay Cultural Alliance is to build long-term sustainability for artists and to strengthen and support arts and cultural organizations.

Workshops start in December and run through January, online. Workshops are FREE. Pre-registration is required. For dates and to register visit: www.basinculture.com .

More information and general funding policies are available

online at www.basinculture.com. The 2022 funding program information is

expected to be launched mid-January 2022. Further questions? E-mail admin@wkartscouncil.com or call 1-250-505-5505; toll free 1-877-505-7355.

CKCA

Thank you for reading the Pennywise







Brett Kryski, RRT

**Registered Respiratory** 

29 years experience with

Sleep Apnea and Home Oxygen

#240-8100 2nd floor

of the Waneta Plaza, Hwy 3B, Trail BC

Open Mon-Fri 8:30 - 4:30

XOILUMIBIA

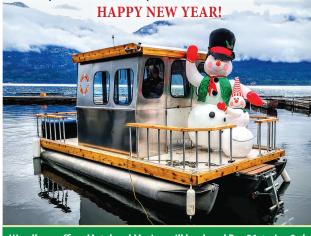
RESPIRATORY

Therapist



Thank you everyone for an amazing season! Locals supporting local businesses made 2021 another great year!

Have a very Merry Christmas with your loved ones this holiday season. From Terry, Dina and our incredible staff,



Woodbury office, Motel and Marina will be closed Dec 21st - Jan 3rd.
Marine gas and propane sales available on call.

250-353-7717 woodburyresort @netidea.com

## Are you on home oxygen?

Other health concerns:

- GASPING OR CHOKING DURING SLEEP

  COUNCIDE TO THE DATE OF A SYMMETT
- GOING TO THE BATHROOM 2X/NIGHT
  - MORNING HEADACHES
- RESTLESS SLEEP

  HIGH BLOOD BBI
- HIGH BLOOD PRESSURE
- DIABETES
- DEPRESSION
- ATRIAL FIBRILLATION
- ANY HEART CONDITIONS

ex/NIGHT

Do you snore? Are you tired?

SimplyGo Mini
Portable oxygen.
7 hours, weighs only
6 pounds!



Phillips CPAP therapy device

Lumin CPAP mask cleaner

Your only locally owned and operated Respiratory Therapy Office.

Contact our office for a free consultation with a Respiratory Therapist.

NO REFERRAL REQUIRED

رگ

With regular clinics throughout the Kootenay-Boundary Ph: 250-364-0277 Toll Free: 1-844-440-0277

#### Merchandise

#### Computers/Electronics

**HEXA-TEK REPAIR:** Computer repairs, upgrades, maintenance, diagnostics, 406 Baker Ave, Salmo. 250-357-9271, www.HexaTek.ca

**WINLAW FINE COMPUTING....** www.winlawtech.com, Windows, Apple, Linux. Pat, 250-226-7215.

#### Firewood

**FIRESTARTER:** Dry, clean cedar kindling cut with vegetable oil, \$20/full banana box. Ernst, 250-353-2427.

#### **Furniture & Appliances**

**HOME GOODS FURNITURE:** A family business serving Kootenay families since 1950. 1790 Home-Goods Rd, Genelle, BC. www. homegoodsfurniture.com and on

#### Merchandise

#### **Furniture & Appliances**

OFFERING WHIRLPOOL, MAY-TAG, KITCHENAID, Bosch, Sealy, Temper-Pedic, Beautyrest and much more! Bears Furniture & Appliances, 612 Lakeside Dr, Nelson, BC. www.bearsbrandsource.ca

#### Misc Merch

**ATTENTION YOUTH ENTREPRENEURS!** Place your classified ad with a photo of the product you have made to sell, or service you provide and Pennywise will run it for FREE!! for the month of **January!** Call 250-353-2602, 1-800-663-4619 or email info@pennywiseads.com for more info or to place your ad.

**FIND UNIQUE GIFTS** that can't be found anywhere else! Kootenay Lake, East Shore. www.kootenay lake.bc.ca

**GREAT GIFT IDEAS** at Angry Hen Brewing! 343 Front St. Kaslo, www. angryhenbrewing.com

#### Merchandise

#### Misc Merch

**HOUSEHOLD STORAGE:** Steel shipping containers for sale/rent. 20′ & 40′ units. Kootenay Containers, Castlegar. 250-365-3014.

**KASLO HUSKY:** Full service fuels & convenience store, 250-353-2205.

MALLARD'S, YOUR LOCAL SOURCE FOR SPORTS! Castlegar & Nelson locations. 250-365-5588, 250-352-3200.

**NELSON FARMERS SUPPLY:** Offering Benjamin Moore paint, pet food, plumbing, electrical supplies and a whole lot more! 524 Railway St, Nelson.

**NEW DEALS WEEKLY AT KOO-TENAY CO-OP:** Organic produce, groceries, meat, cheese & supplements. 777 Baker St, Nelson, BC. www.kootenay.coop

#### Merchandise

#### Misc Merch

**SOLID WOOD COFFEE TABLE,** light coloured, 2 drawers both sides, \$200obo; Filter Queen vacuum cleaner, best offer; assorted household goods. Only by appointment, call 250-352-3651.

THE BLINDMAN, A WHOLE NEW VIEW! Nelson, BC. 250-352-3800, 1-855-681-1123. www.theblindman.ca

VINCE DEVITO SHOES AND ORTHOTICS: We have Muck Boots, get them before they are gone! 411 Hall St, Nelson. 250-352-6261, www. vincedevito.ca

PENNYWISE.
Advertising Works!
1-800-663-4619

Closed now for the Holidays. Reopening January 4

to Live Load a classified email info@pennywiseads.com

#### Merchandise

#### Misc Merch

YOUR FAVOURITE NEIGHBOUR-HOOD HARDWARE STORE! Slocan Valley Home Hardware, 5763 Hwy 6, Winlaw. 250-226-6748.

#### **Musical Equipment**

**BEHRINGER POWER SPEAKER,** 600W, \$300; electric and acoustic guitars. 250-353-8763, 250-353-7128.

#### **Sporting Goods**

BUYING, SELLING & TRADING FIREARMS: BEST PRICES PAID. Call Wally, 250-231-3721.

#### **Employment**

#### Hiring

WANTED EXPERIENCED YARD AND GARDEN MAINTENANCE PERSON: Part-time basis, Castlegar. 250-365-3014.



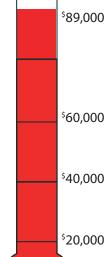
## Our goal is now \$100,000

We've raised \$89,000 but now urgently need to raise an additional \$11,000 to repair the roofs and decking of the ship.

### We cannot do it without you!

Please send donations to Kootenay Lake Historical Society, PO Box 537, Kaslo, BC VOG 1M0 or via the donate button on our website www.klhs.bc.ca.

\$100,000



## Thank you so much! Official tax receipts will be provided on request for donations over \$20.

#### Braving the chill and dark for others

Walk, donate, volunteer or sponsor Castlegar's Coldest Night of the Year and help support local people in need while taking part in a national event!

On February 26, 2022 Castlegar, has something to celebrate – and so could you! That's the night folks in Castlegar will join thousands of others in 150+ cities across Canada in a 2-5 km winter walk to support people experiencing hunger, hurt, and

Jan 8

.Jan 21

Jan 22

Jan 26

-Jan 27

.Jan 31

.Jan 31

..Feb 7

Courses Coming up in Nelson

Occupational First Aid Level 1 ...... Jan 7, 25

Canadian Firearms Safety ......Jan 15, Feb 5

Qi Gong Intro (Zoom)

Foodsafe Level 1 ..

(OFA 1 Equivalent)...

Prenatal in a Weekend....

Occupational First Aid Level 3 ...

Deep Dive Meditation Retreat..

Creative Land-based Decision Making

Look for your

Winter/Spring/Summer 2022

course calendar in the mail soon!

Selkirk College

selkirk.ca/ce 250-354-3220 for more info

ww.facebook.com/SelkirkCommunityEducation

Community Education & Workplace Training

Standard First Aid with CPR C

for the Workplace (Zoom) .....

OFA Level 3 Refresher.

Learn to Knit

Japanese Level 1

homelessness in our community by raising funds for local charities.

In Castlegar, well be walking for Castlegar and District Community Services,

Homelessness Shelter programming as well as the Youth Action Network Program.



#### Kootenay Lake Levels

#### December 15, 2021

For the benefit of Kootenay Lake area residents, the following lake levels are provided by FortisBC as a public service.

Queen's Bay: Present level: 1745.12 ft

7 day forecast: Down 0 to 2 inches 2021 peak: 1747.33 ft / 2020 peak: 1750.09 ft

**Nelson:** Present level: 1743.87 ft

7 day forecast: Down 0 to 2 inches

Levels can change unexpectedly due to weather or other conditions. For more information or to sign-up for unusual lake levels notifications by phone or email, visit **www.fortisbc.com** or call **1-866-436-7847.** 



Castlegar and District Community Services serves homeless and vulnerable people in our community by providing shelter, clothing, food and transportation as well as a variety of counselling, support programs, outreach and harm reduction services

For youth, the Youth Action Network, provides a hub of connections for youth to explore connections with other peers in a safe space, leadership and volunteer experiences that connect them with adults and the larger community and the youth involvement in the planning and execution of their programming, including helping to lead Coldest Night of the Year Castlegar from day one. During the past year up to 150 people were served by the Homelessness Shelter programs and the Youth Action Network Program reports up to 590 accesses during the past fiscal year, even with the limitations of Covid 19.

By February, 2021 Castlegar's Coldest Night of the Year

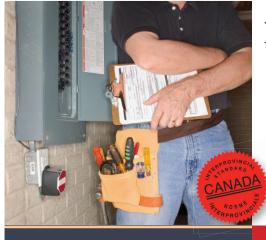
event has raised up to \$14, 755.00 of our \$20, 000.00 goal. By the end of February, 2021, 14 teams and 60 walkers and 190 people have donated or supported this event and 4 companies have sponsored this cause. This was amazing considering the walk had to take place virtually due to covid.

For 2022 we will offer the choice between in person groups and virtual participation, depending on limitations of covid of course. Our goal for CNOY 2022 is to raise \$30, 000 with the support of 30+ teams and 150+ walkers. Will you, walk, donate, volunteer or sponsor this event?

Visit CNOY.org/castlegar to donate or sign up e-mail Zoe Mackay @ youth@cdcss.ca to sponsor. It's just that easy!

Castlegar and District Community Services Society

## NEW BUSINESS



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Contact Ernest LeRose for more information on

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email: lerose.electrical@gmail.com

#### **Employment**

#### Hiring

BACK IN BALANCE WELLNESS CENTRE has a part-time office assistant position immediately available. Our ideal candidate has at minimum, one year of office admin experience, and an excellent working knowledge of technology. This position requires excellent customer service skills and the ability to multitask efficiently in our fast-paced environment. This position will be 10-12 hr/wk, and may involve closing shifts to 6:30pm. Please send your cover letter and resume to Dr. Brandy Grantham, drbgrantham39@gmail.com

**GALENA CONTRACTORS LTD.** is seeking a heavy-duty mechanic, experienced with logging equipment. This is a permanent full-time position that offers competitive wages and a health benefit plan. To apply please contact Kevin by email at shop@galenacontractors.com

#### **Employment**

#### Hiring

CDA REQUIRED IMMEDIATELY for modern, progressive & fully digital, paperless practice. 3-4 days/wk. Ideal candidate is energetic, outgoing & friendly. Experience is an asset, but training with existing staff is available for the right candidate. Competitive compensation, extended health benefits & CE and uniform allowances offered. Send resume to info@ kootenaydentalarts.com or drop off resume in person, 201-225 Hall St, Nelson.

LOOKING FOR FEMALE HOME SUPPORT WORKER: Job will consist of various tasks in my Kaslo home, 5-10hrs/wk. Experience with lifts, etc. preferred but not required. Please email expressions of interest/resume to izzy11866@gmail.com

#### **Employment**

#### **Business Opportunity**

USA - BECOME A PUBLISHED AUTHOR. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author`s guide 833-719-3029 or visit dorranceinfo.com/acp

#### **Help Wanted**

**HELP WANTED TO SHOVEL SNOW,** from walkways and decks, \$30/hr. 250-359-7661, Crescent Valley.

#### Wanted

#### Looking For

**\$\$\$ COIN COLLECTOR LOOKING TO PURCHASE COLLECTIONS,**Accumulations, Royal Canadian
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and Silver Coins, Paper Currency,
etc. Please call Chad 250-863-3082
cell, 250-499-0251, Kootenays.

#### Wanted

#### **Looking For**

**FIREARMS:** Call John Urquhart in confidence anytime. I will come to your home. 250-367-7540.

**LOOKING FOR A SHEPHERD CROSS:** Female, about 2-4yrs old. We have a huge yard. 250-353-7128.



**NEW PHONE NUMBER. HELP! Please Check Your Workshop**and basement, and give me a call if
you have a can of this sitting around,
that you don't need. 250-231-3404.

**OLD BEER/POP SIGNS**, wooden/ metal crates, old gas/service station items, old Coke/pop machines. 250-231-9397.

#### Wanted

#### **Looking For**

**USA - !!OLD GUITARS WANTED!!**GIBSON, FENDER, MARTIN, Etc. 1930's to 1980's. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277.

**USA - PAYING TOP CASH FOR MEN'S SPORTWATCHES!** Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 833-603-3236.

**USA - WANTED TO BUY:** Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, CO 80201.

WANTED, WINCHESTER LEVER ACTION RIFLE: 250-442-9663.

**WANTED: BOARD GAME OPPO- NENT(S)** to contest US Civil War, 1st edition (2015). See GMT Games, play either side. 250-352-1397.

WANTED: MEN'S ROLEX OR OME-GA WRISTWATCH. Serious local buyer. 250-551-3000.

6 Dec 20, 2021 c Your local shopper 

● picture online: www.pennywiseads.com

#### It's ice fishing season!

In early winter, the much-anticipated annual ice-fishing season has anglers getting excited. In the Interior of BC, from December to March, it gets and stays cold enough to freeze hundreds of lakes. The most sought-after species of game fish are rainbow,

eastern brook, and lake trout, along with kokanee and even burbot.

To be a successful ice fisher, there are some important things to consider before you venture out. Check your freshwater regulations to be sure that there is not an ice-fishing closure or bait ban in place on the water body you want to fish. Note any special conservation regulations concerning burbot, which have been overfished in a number of Interior lakes. Ice thickness should be a minimum of 10 centimetres to be safe for foot travel, and twice that for ATVs and snowmobiles.



524 Railway Street, Nelson

#### OVERDOSING ON GRIEF **Grief Counselling for** Substance-related Losses



#### **Brenda Sprung**

M.A. Counselling Psychology BCACC

LL.B., London School of **Economics** 

I am here for you

If you have lost someone, or are losing someone you love to substance-related harms from opioid, alcohol, or other substance use, you are experiencing a devastating loss in a society that blames the victim, stigmatizes families, and disenfranchises our grief.

No one wants to believe that a loss like this could happen to them, or that they could fall into the clutches of addiction.

After losing my 22-year-old son to a toxic drug interaction, I have walked this path. I am here to support you as you navigate the traumatic grief associated with addiction

Please call 250-444-5544 or email me at counselling with Brenda Sprung@gmail.com

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Photo: Nick Basok

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803 Baker St, Nelson D5413 & 704 Baker Street (used lot) The basic gear an angler should have is:

- (1) a device to make a hole through the ice (hand-powered ice auger, gas-powered ice auger, electric auger, or power saw)
- (2) an ice-fishing sled or toboggan to haul gear onto the lake



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After winter is before winter! mssteeldesign.com



#### **HOLIDAY HOURS**

REGIONAL DISTRICT OF CENTRAL KOOTENAY

All regular days and hours of operation apply with the following exceptions:

#### **RDCK NELSON & CRESTON OFFICES**

December 25 - January 3 **CLOSED** 

#### **RDCK NAKUSP OFFICE**

December 24 - January 3

\*All offices will reopen on January 4

#### **COMMUNITY RECREATION COMPLEXES**

Castlegar - December 25 CLOSED CLOSED Creston - December 24-26. & January 1 Nelson - December 25, 26, & January 1 **CLOSED** Salmo - December 24, 25, 31, & January 1 **CLOSED** Slocan Valley - December 19 - January 3 **CLOSED** 

Please visit www.rdck.ca/recreation for the holiday hours of operation and the reserved activities schedule.

#### ANDFILLS, TRANSFER STATIONS & GATED **RECYCLING DROPS**

December 25, 26 & January 1 December 24 & 31

OPEN until 2:00pm

**CLOSED** 

CLOSED

#### 'TIS THE SEASON TO COMPOST & RECYCLE

During December and January, any RDCK Landfill or Transfer Station will accept residential Christmas trees for composting at a cost equivalent to the Yard & Garden

Waste rate in your area. For more information about how to recycle or responsibly dispose of holiday decorations and materials, including holiday lights and light bulbs, visit the Recycle Council of BC website: www.rcbc.ca



rdck.ca

#### **Services**

#### **Contractors/Trades**

A.D. CONTRACTING: Residential Renovation and Construction, Windows, Doors, Kitchens, Bathrooms, Decks, Rot Repair, Laneway Homes and more. Red Seal. acrrodesign@ gmail.com 778-962-0707.



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**ALUMINUM RAILINGS AND VI-**NYL DECKING: Free estimates. Call Royal Vinyl Decking at 250-231-7905 or email royalvinyl@shaw.ca

#### Services

#### Contractors/Trades

ALL AROUND SEPTIC SERVICES LTD.: Offering sewage pump-outs, septic system evaluations & instal-lations, and commercial grease trap services. 250-354-3644, www. allaroundsepticservices.com

PHASES HOME RENOVA-TIONS: Kitchens, bathrooms, windows & doors. Licensed, registered, insured. Photos, references. Book in advance. Michael Nesbitt Contracting, 250-825-4771.

APPLIANCE REPAIRS BY HOME **SERVICE PRO:** Red Seal certified technician, licensed and insured, 23yrs experience. For prompt, pro-fessional service call/text Jay, 250-

**BRENTON INDUSTRIES LTD: Kas**lo Excavation Contractor, Septic & Utility Installations, Land Clearing & Tree Trimming. Call Sean, 250-551-4058, www.brentonindustries.ca

#### Services

#### Contractors/Trades

**BULLDOG CONCRETE FINISH-**ING: Your Kootenay Concrete Specialist! Basement/garage floors, patios, driveways, form to finish. Organized journeyman. 250-365-5573, www.bulldogconcretefinishing.ca

**BULLDOG CONCRETE FINISH-ING:** Your Kootenay Concrete Specialist! Basement/garage floors, patios, driveways, form to finish. Organized journeyman. 250-365-5573, www.bulldogconcretefinishing.ca

**CLELAND ROOFING & REPAIRS:** 30yrs experience, 23yrs certified. Certified roofers are the only way to get your manufacturer's warranty, 10yr transferable warranty. Old-fashioned service. Call 250-367-

CRESTVIEW PAINTING: 25yrs+ experience, reliable/quality work that lasts, new construction, residential, repaints, certified journeyman. Fully insured. 250-304-5197.

#### Services

#### Contractors/Trades

EAS ELECTRIC: Rewires, service upgrades, renovations and more. No iob too small. Free estimates. Fully licensed, insured and bonded. Call Eddy, 250-231-9950.

**ELECTRICIAN FOR HIRE:** Licensed, experienced, semi-retired. Backpower generator install, renos, small jobs, serge protection. Reasonable rates. Jim Rogan, 250-353-9638, 250-354-8910.



#### CASCADIA LANDSCAPING

**EXCAVATION SERVICES**, paver installations, decks, fences, retaining/garden walls, stone work -natural/faux. 250-505-6004, www. cascadialandscaping.ca

#### Services

#### Contractors/Trades FLOW PLUMBING & HEATING LTD:

We make it drain! Competitive pricing, no job too small. 250-685-8177.



HIM N HER CONTRACTING: Home renovation, maintenance & repair, licensed and insured, over 32yrs in construction industry. Excellent references and photos available, check us out on Facebook. For fast, friendly and courteous service please call Vanessa or Dusty, 250-212-2384.

#### MONASHEE **CONSTRUCTION:**

Serving the community for over 30yrs. Home renovations, bathrooms, kitchens, basements, etc. Fully insured & licensed, 250-368-1850.

#### Ice Fishing... cont'd from pg 7

- (3) a chair, or ice-fishing bucket for tackle or sitting on
- (4) a commercially made ice-fishing shelter for fishing in colder weather
- (5) fish finder (optional)
- (6) ice-fishing rod or small light spin rod
- (7) rod holder
- (8) basic tackle (leader line, hooks, small jigs, attractor

spoons, swivels, and small split shot or worm weights

(9) bait (deli shrimp, earthworms, krill, mealworms, single salmon eggs, salmon roe, woodworms, or Power Bait).

Since fish tend to travel in schools at this time of year, it is essential to scout a lake to try to locate where the main concentrations of fish are holding. Try off points of land, or in bays where the bottom tapers up to the shore evenly.

When you have picked a location, be sure to make several holes in a line from deep to shallow to figure out where in the

water column the fish are located. When you first drop your lure into a hole, let it hit bottom, and then raise it up 60 centimetres (a couple of feet). Some days you will find success by fishing five to 10 minutes in one hole, then moving to another until you locate the fish. If you are fishing in three metres (10 feet) of water or deeper, vary the depths of your lures, since the fish may be stratified at different depths in certain spots on the lake.

If there are several anglers fishing together, always vary your lure choices; that will increase cont'd on next pg







#### The health care sector needs YOU!

#### Selkirk College has been graduating Health Care Assistants for over 15 years!

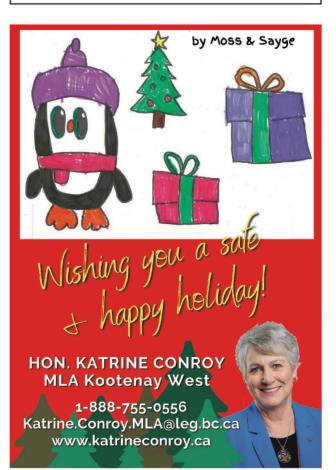
The 26-week program allows you to study theory courses online and complete in-person labs at our top-notch lab in Trail, BC. Finish your certificate with an eight-week practicum close to home!

Our program embodies innovative, engaging and experiential learning. Benefit from our established industry connections to get your dream job.

Fully funded with guaranteed work placement option available! Apply Today! Start February 1, 2022!

Selkirk College

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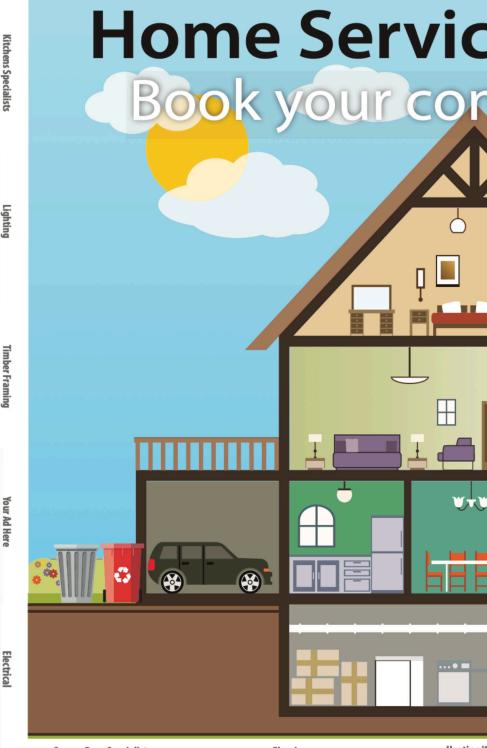


















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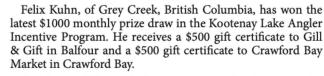
Dec 20, 2021

Pennywise

your chances. Like any other type of fishing, there will be various times of day when the fish "turn on" - just exercise some patience, and you'll be successful.

Nick Basok; Freshwater Fisheries Society of BC Fishing





On his win, Felix said: "I am super stoked to have won the November draw! It's exciting to win such great prizes, and also rewarding to know that I'm helping to regulate the fish

population of Kootenay Lake."

Felix lives near the shores of the Kootenay Lake, so he understands and appreciates the importance of the ecosystem. "I caught the first fish of my life on Kootenay Lake in 2014, when I first arrived in Canada from Germany. To date, that is the biggest one I have caught. I hope that with the help of the Kootenay Lake Angler Incentive Program, and the fishermen involved in the program, we can bring back bigger fish. I love

cont'd on pg 11





Felix wins big in the Kootenay Lake Angler Incentive Program



Over 30 years

Nelson 250-354-9015 stlegar 250-304-5237 Trail 250-368-1044





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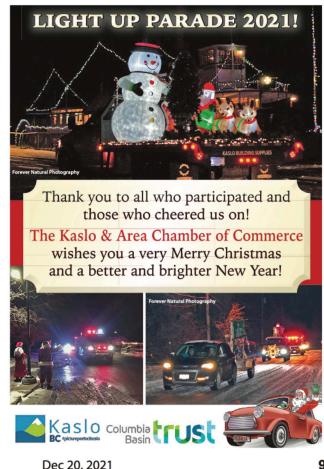
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FORTIS BC

#### Kootenay Lake Levels

#### December 15, 2021

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7 day forecast: Down 0 to 2 inches

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#### RDKB advocating for wider cell service

The RDKB will send a letter to the provincial government requesting it fund the infrastructure needed for the installation of cell towers along the Paulson on Highway 3 as well as



All-Around Septic Services Ltd. 250-354-3644 • 250-359-8282 allsepticvac@gmail.com www.allaroundsepticservices.com

Highway 33.

Given the provincial state of emergency and the closure of Highways 1 and 5, up to 525% more traffic is expected to travel this stretch of road, thereby increasing the chances of more accidents. Cell service would benefit stranded and injured motorists, emergency responders, highways crews and other

#### Water Quality Advisory rescinded

The Regional District of Central Kootenay (RDCK) is pleased to announce that effective immediately the water quality advisory issued for users on the South Slocan Water System has been rescinded.

On Tuesday, November 23, 2021 a water quality advisory was issued due to elevated turbidity levels from heavy rain falls.

The water quality tests indicate that the water quality is good.

The RDCK appreciates South Slocan water users' cooperation and patience during this time and apologizes for the inconve-



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**Travel Trailer** 

sleens 3, 1 slideout

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NOW ONLY \$39,995

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Trailer

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2012 Keystone Cougar 25

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**BHSWE Travel** 

**Trailer** 

Sleeps 10,

1 slideout

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2011 Keystone Cougar 29

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Very clean in and out,

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HANDYMAN AVAILABLE FOR **ODD-JOBS:** Painting, small repairs and deliveries. \$20-\$25/hr depending on the situation and location. 250-231-7905.

IS YOUR MORTGAGE UP FOR **RENEWAL?** Before you sign, why not compare all the options? The Mortgage Centre, Nancy Trotman. 1-888-998-9513, mortgages@nancy trotman.com

#### Services

#### **General Services**

KERRY'S STITCHERY: Custom sewing, alterations & repairs, including denim, leather, canvas & drapery. In Kaslo, 250-353-7722.

**KOOTENAY CURRENCY CHANGE:** For all your foreign currency needs. Better than bank rates when buying or selling US dollars. Canadian Gold and Silver, Call 250-354-1441.



**DINNISSEN DESIGN CO LTD:** Kitchen And Bath Design & Custom Millwork. Call Us For Free In-Home Consultation. 250-521-0537, www. dinnissendesign.com

#### Services

#### **General Services**

HANDYMAN: Small jobs. Can do most anything! Reasonable. Call Dan, 250-777-2908.

**NELSON MINI-STORAGE:** 1.6kms from City Centre, heated, easy access, 18yrs of friendly, personalized service. 1393 Knox Rd, 250-354-8289, www.nelsonministorage.ca

PASS CREEK TOOL REPAIR: Air and electric tools, small compressors, quality repairs, fair price. 250-304-4811

#### You can depend upon Pennywise advertising to get you results.

Just ask any of the businesses you see in these pages, week after week! Deadline Wednesday Jan 5 for the Jan 10 edition. 1-800-663-4619.

#### Services

#### **General Services**

SNOW REMOVAL: Roofs, walkways, small driveways in Kaslo area. For estimates, 778-773-2136 (cell).

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**PROFESSIONAL DELIVERIES**, Junk Removal, Plumbing, Sewer Backups, Dry Cleaning, Laundry Backups, Service, Furnace/ Air Duct Cleaning, Carpet Cleaning. 24/7 Emergency Service. 250-231-8529, 250-921-4356, 250-364-0145. http://kootenaymoveandjunk.vpweb.ca http://dirtbusters.vpweb.ca

**RUBBISH REMOVAL & RECYCLE.** SNOW REMOVAL, estate removal, gutter cleaning/sealing, moving, deliveries, building demolition. 250-

#### **Services**

#### **General Services**

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SHARPENING SERVICE: Saws, tools, scissors, knives, clipper blades. C&D Sharpening Service, 250-365-3658.



**Pennywise** 

10

Dec 20, 2021

Your local shopper

#### Felix wins... cont'd from pg 9

to be out on the lake and if I'm not busy catching fish, I am just soaking up the beauty of this special place."

The Kootenay Lake Angler Incentive Program inspires anglers to get out fishing and enjoy the outdoors. Anglers are encouraged to harvest rainbow and bull trout in the main body of Kootenay Lake and then turn in the heads to local depots to enter a monthly draw for a prize worth \$1,000.

Kootenay Lake Angler Incentive Program is managed by



the local West Arm Outdoors Club with support from B.C. Wildlife Federation, Freshwater Fisheries Society of BC, Habitat Conservation Trust Foundation, Ministry of Forests, Lands, Natural Resource Operations and Rural Development (FLNORD), and several local merchants from around Kootenay Lake.

More information on the Kootenay Lake Angler Incentive Program: https://bcwf.bc.ca/ kootenay-lake-angler-incentive-program/







#### Services

#### Contractors/Trades

HOOVER MASONRY, CERTIFIED EXPERIENCED MASON: Stonework, Bricklaying, Tile Setting, Custom Masonry Fireplaces, Restoration, Chimney Re-pointing, Stone Patios & Stairs, Retaining Walls, Manufactured Stone. Communication... Service...Satisfaction! 250-551-3245, hoovermasonry@gmail.com

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#### Services

#### Contractors/Trades

MY PLUMBER: No job too small. Maintain, service, install, plumbing systems, blocked sewer lines. 250-521-0206, 250-687-9041 (cell), email columbiamyplumber@gmail.com

PARADISE VALLEY PLUMBING: Plumbing contractor serving the Kootenay area, www.paradisevalley-plumbing.ca 250-226-7947, 250-777-3588 (cell) or schaferspeare@gmail.com

PORTABLE WELDING SERVICE: Fabrication, custom welds. Kootenay Lake area. 250-366-4303, or call/text 403-703-5721, email: joe.kulhanek1@gmail.com

RED SEAL JOURNEYMAN ELECTRI-CIAN: Licensed, insured, bonded. Residential, commercial, solar. Le-Rose Electrical Contracting, 250-231-0721, lerose.electrical@gmail.com

**WITH AN ACCENT FINE CARPENTRY:** Specializing in interior finishing, built-ins and railings. 250-551-1842.

#### Services

#### Contractors/Trades



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#### Services

#### Contractors/Trades

**SELKIRK INSULATORS** a division of Seib Contracting: For all your residential and commercial insulation needs. Certified spray foam installation, conventional & blown-in residential. Licensed, Insured, and WorkSafeBC. Serving Trail, Rossland, Castlegar, Fruitvale, Nelson and Grand Forks area. 250-231-2837.



**SAMURAI HARDWOOD FLOOR-ING:** Residential/Commercial Flooring and Tiling Services, Professional Installations, Custom Stairs, Refinishing Services. 295 Baker St, Nelson, 778-463-5388.

**TRIXIE'S CLEANING AND JUNK REMOVAL** is now booking for junk removal jobs and winter cleaning. WCB coverage, licensing and insurance. www.Trixiecleaners.ca, 250-365-9313

#### Services

#### Contractors/Trades

WOLFGANG'S PLUMBING: Serving the Slocan Valley and surrounding area. Qualified pump installer. 250-226-7320, wteiner@netidea.com

#### **General Services**

**ALL-HOME & COMMERCIAL RE-PAIR:** Handyman services, roofs, gutters and more. 250-267-8591.

**ALTERATIONS AND REPAIRS:** Clothing only, hemming, zipper repair or replacement, etc. Call Marg, 250-365-3943.

**BEAVER'S SEPTIC TANK CLEAN-ING SERVICE:** Serving the Kootenays. Goes the distance! 250-354-3508 (cell) or 250-357-9724.

**DO YOU OFFER SENIORS' DIS- COUNTS?** Advertise your discount in a classified ad for FREE in the month of **January!** Call 250-353-2602, 1-800-663-4619 or email info@pennywiseads.com for more info or to place your ad.

■ picture online: www.pennywiseads.com

Where locals shop.

Dec 20, 2021

Dec 20,







#### Services

#### **General Services**

RBT ACCOUNTING SERVICES: Accepting New Clients. Bookkeeping, Personal and Corporate Taxes, GST, Payroll and Other Services. Call 250-354-7107 or email rbtcpa@outlook.com



**VALHALLA SEPTIC SERVICES LTD.:** Fully insured for all your residential and commercial septic pumping needs. 778-454-2221.

Want results from your advertising? Then you are in the right place. PENNYWISE WORKS! Ask any of the businesses you see in these pages, week after week! 1-800-663-4619

#### Services

#### **Gardening/Landscaping**

\*AAATREEWORKSNELSON.COM BY WYLEE WORKS INC: Serving the West Kootenay since 2005. Professional Tree Care and Wildfire Protection. WCB Certified Fallers and ITA Arborists. WorkSafe & Commercially Insured. Large Residential Removals, Selective Harvesting and Wildlife/Hazardous Tree Assessments. 15" Tree Chipper, Stump Grinder, 14' Dumper Trailer and 4x4 John Deere Loader w/12,000lb Winch. Free estimates. Wylee Charbonneau, 250-551-4672.

\*GLACIER VALLEY TREE CARE: Local danger tree professionals. Utility certified lift trucks. Whole tree chippers. Stump grinding. Pruning. Land clearing. Certified arborists, fallers, assessors. Free same day assessment and advice. Certified & insured WCB. Jim Sipkes, 25yrs experience. 250-304-3774, jim@glaciertree.com

#### Services

#### **Gardening/Landscaping**

**COLUMBIA TREE SERVICES/SIMS CONTRACTING LTD:** Call Pat Sims for a free estimate for 60° bucket truck, chipping, climbing/rigging, stump grinding, soil delivery. Certified, Insured, WorkSafe. Thousands of satisfied customers since 1980. 250-367-7939.

TOPSOIL & BARK MULCH FOR SALE: \$55/yd. 250-365-1632.

#### Health/Personal

**ADVERSE REACTIONS? SIDE EFFECTS?** Homeopathy can help. Margo MacLaren DHom, 250-354-7072.

**GLASS HOUSE OPTICAL:** 701 Front St, Nelson, 250-354-3937 and Unit 2, 688 18th St, Castlegar, 250-365-2026. Free sight testing at both locations.

Publishing every 2nd week

#### Services

#### Health/Personal

GRIEF COUNSELLING: For loss due to overdose. If you have lost someone you love to an overdose or other harms from opioid, alcohol, or other substance use, I am here for you. Brenda Sprung, M.A. Counselling Psychology, LL.B., London School of Economics, Registered Clinical Counsellor BCACC. Please call 250-444-5544 or email overdosegriefcounselling@gmail.com

**RED CLOVER DENTAL:** Committed to providing you with the best in oral health care! #201 402 Baker St, Nelson. 250-352-5012.

SHADE TREE MASSAGE THERAPY NOW WELCOMING new and returning clients for therapeutic and relaxation treatments. Clean, quiet, professional office located in Winlaw. Jessica Coonen, RMT 250-226-6887, shadetreemassagetherapy@fastmail.com

#### **Notices Page**

#### Notice

**LISA LAHTI:** Your fees at the Brilliant Mini-Storage are past due. If payment isn't received by Jan. 3, 2022 your belongings will be seized and sold. Call 250-365-2774.

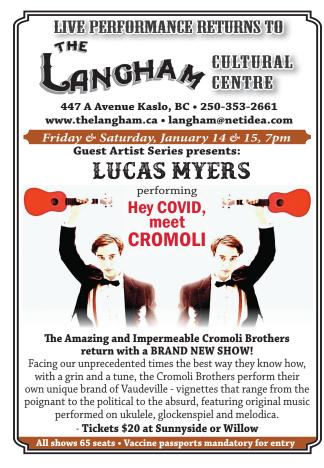
PENNYWISE HOLIDAY HOURS: Closed Friday, Dec. 17 thru Monday, Jan. 3. Live Loading Classified Ads Daily, Dec. 20-23 and Dec. 28-30 Submit your ads at https://www.pennywiseads.com/ad-submit/ or email info@pennywiseads.com Re-opening Tuesday, Jan. 4 at 10am. Happy Holidays!!

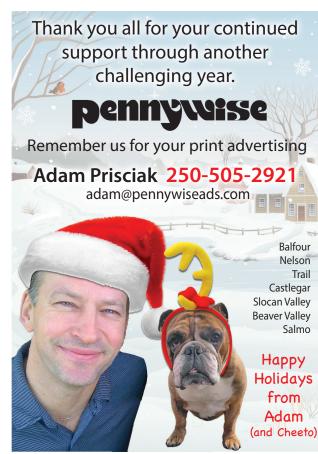
#### Announcement

ATTENTION YOUTH ENTREPRENEURS! Place your classified ad with a photo of the product you have made to sell, or service you provide and Pennywise will run it for FREE!! for the month of January! Call 250-353-2602, 1-800-663-4619 or email info@pennywiseads.com for more info or to place your ad.

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#### Obituary

#### In Memoriam

TWO YEARS HAVE COME AND GONE since MICHAEL MC MILLIN left this earth school. He is thought of daily. Many recall his positive presence in their lives. Blessings to those who send a good thought to where he now dwells.

#### **Education**

#### Classes/Workshops

ARTS & CULTURE FUNDING: CKCA is hosting free grant writing workshops for those in the Columbia Basin who are interested in Applying for CBT arts & culture funding. Visit www.basinculture.com for more details.

**PIANO LESSONS IN NELSON!** Beginners and children welcome! Fun active lessons. Professional studio. 20+ years experience. Free trial lesson. Deborah Nasmyth, ARCT stixamazinggirl@gmail.com

#### **Education**

#### Classes/Workshops

COMMUNITY EDUCATION & WORKPLACE TRAINING: Selkirk College,1-866-301-6601. www.selkirk.ca/ce

**MUSIC LESSONS AND PRACTICE SPACE W/DRUMS:** Offering Acoustic, Electric or Bass Guitar, Keyboard or Drums instruction. Call/text Aidan, 250-521-3020, Trail.

#### Animals

#### Pets

**GOLDEN DOODLE PUPPIES** ready for new loving home, with shots. Call for more information, 250-509-1927.

**PRACTISING PET GROOMER:** 250-512-9513.

**USA - AUSTRALIAN SHEPHERD PUPS**Ready December 20, raised on working ranch, parents available for viewing, tails docked, will have 1st shots, taking deposits. Spangle Creek Aussies on Facebook. Call or text 208-777-5152.

#### **Automotive**

#### Cars

**2009 MITSUBISHI LANCER:** Black, 4dr, loaded w/leather, heated seats, sunroof, sub-woofer, 160,000kms, reduced \$9900obo. 250-304-4445 (day cell), 250-304-2069 (eves).

**2010 HONDA CIVIC:** 4dr, low mileage, well-maintained, 2 sets of new tires, \$6500. 778-874-1003, fschwab7@gmail.com

CASTLEGAR KIA LOCATED ON COLUMBIA AVE is a full-service dealership that offers the complete lineup of new Kia cars, crossovers, SUVs and vans. www.castlegarkia.com

FROM OIL CHANGES TO FULL-ON ENGINE REPAIR with everything in between. Nelson Ford, 250-352-7202. We are THE Ford Dealer in Nelson. www.nelsonfordsales. com

**WANTED, CHEV EL CAMINO:** 1966-1969, any condition. Call 604-551-8554.

#### Automotive

#### Trucks

**IF YOU ARE IN THE MARKET** for a new or quality pre-owned Ford Vehicle we have you covered! AM Ford, 2795 Highway Dr, Trail, BC. 1-800-961-0202.

#### SUVs

**2012 FORD EDGE SEL:** EcoBoost, 4dr, FWD, \$6000 firm on price. 250-608-9786.

**2013 KIA SORENTO EX AWD:** V6, 226,279kms, \$7900. Russell Auction Services, 2067 Hwy 3A. 250-399-4793.

#### **RVs/Campers**

ROCK ISLAND RV: Not only do we have RVs but we also have used vehicles and boats! 8023 Old Waneta Rd, Hwy 3B, Trail BC. www.rockislandry.com

Thank you for reading the Pennywise

#### **Automotive**

#### Motorcycles/Snowmobiles

**2017 SUMMIT X SNOWMOBILE:** 850cc, track 16x165x3" paddles, 1800kms, very good condition, \$13,500. 250-353-2430.

**SCOOTER WANTED:** Older Yamaha or Honda, running or not. 250-505-0698.

YAMAHA VECTOR MOUNTAIN SNOWMOBILE: 3cyl, 4 stroke, 973cc, 220hp on pump fuel, 3700mi, very good condition, \$6000. 250-353-2430.

#### **Auto Parts/Services**

**SCRAP KING AUTO WRECKING AND TOWING:** Salmo's one-stop shop for any used auto part. www. scrapkingauto.com

**WINTER TIRES ON TOYOTA STEEL RIMS:** LT235/85R16 Toyo Open Country C/T, used one season, excellent condition, \$700obo. Call/text 250-551-5845.

13



CASTLEGAR and NELSON 50-365-5588 || 250-352-3200 Local shoppers read the

pennywise

"You are never too old to set another goal or to dream a new dream"

Malala Yousafzai

Advertising will help get you there.

1-800-663-4619 Invest in yourself,

advertise!

Do you want to sponsor our popular Sudoku/ Crossword puzzle page in the Castlegar/ Slocan Valley Pennywise? Adam Prisciak Ph 250-505-2921 1-800-663-4610

pennywise



dozen of the

**ACROSS** 

9 Six of one,

other

20 Verdi's "\_

26 "lsn't

(Beatles lyric)

27 Limerick's land

44 Non-exact figs.

49'70s pop singer Leo

58 Lead-in to Cat or Caps

62 China's divided neighbour

\_\_\_ my wit's end

65 Cold November rain, maybe

55 Become frayed

60 Very white-tie

64 Money in the pot

66 Still zippy

57 Worn rugs?

47 Crank (up)

45 Facebook revenue sources 46 Slain sibling in Genesis

31"Copy that" 37 Surgery prep area 39 Chat, '60s-style 40 Walk on tiptoe, say

14 "Am

5 Unique-to-you fig.

late? 15 Nair alternative

21 Zero's rhyming opposite

22 Like Olive Oyl or Twiggy

25 Oscar-winning actress Berry \_\_ bit like you ..."

28 CBC's "Ouirks and Ouarks" subi.

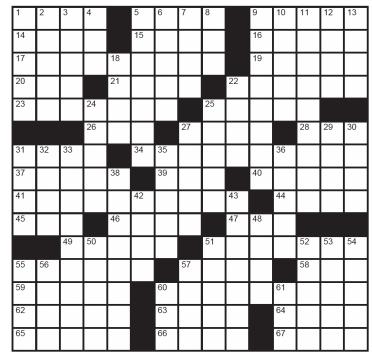
16 Mineral water town in France 17 Countertop flour boxes

For brand new puzzles by email, sign up at www.ClassiCanadianXwords.ca

#### **Drawing a Blank**

Barbara Olson © ClassiCanadian Crosswords

#### December 20

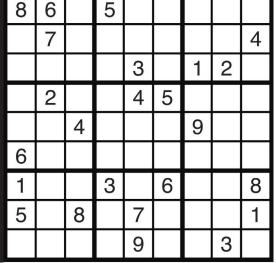


#### **DOWN**

- 1 Weightlifter's bulge 2 Big name at the arcade 3 Part of a G&T
- 4 \_\_\_\_ polloi 5 Debit machine brand
- 6 Steel plow pioneer John 7 Great Fire of Rome starter, some say
- 8 When ties are undone, for short 9 Comedy club disrupters
- 10 Lavigne with a "Sexiest Hair on a Canadian Musician" award 11"I am woman hear me roar"
- dedicatees?
- 12 Speckled babe in the woods 13 "Tov Story" boy

- 18 Elisabeth of "Leaving Las
- 22 Cake maker Lee
- 24 Oldish teen drama set in Calif. 25 Root word meaning "horse,"
- 27 Send by clicking "send"
- 29 Hair of the dog?
- 30 Old school desk liquids 31 Paws for a Cause org.
- 32 J-Lo's beau 33 Where dudes get duds
- 35 "Battle of the Brians" skater 36 Lacking skill
- 38 Only did for fun
- 42 Cab company's foe
  - 43 Behaviour type noted by Santa

- 48 Richie's mom, to the Fonz 50 "If \_\_\_\_ Falls" (Bruce Cockburn sona)
- 51 New dad's handout, traditionally
- 52 Yoga pose 53 Sch. band member's rental
- 54 Sniffed (out)
- 55 Verbal finger-wags 56 Private getaway?
- 57 Spineless sort
- 60 Quick hellos?
- 61 \_\_\_\_ La Biche, Alberta



# ennywise

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Solutions on Page 2 or pennywiseads.com/local news/puzzles&solution

#### WANTED DEAD OR ALIVE: JUNK VEHICLES REWARD \$200 - Billig to US MUST be complete! Just added to our fleet: 50 TON TRI-DRIVE WRECKER! reging & ton 1660 Airport Rd, Salmo 250-357-2091 Open Monday to Friday 8am to 5p





**Grant Writing Workshops** 

CKCA is hosting FREE workshops for individuals or groups in the Columbia Basin who are interested in applying for Columbia Basin Trust arts and culture funding.

Workshops start in December, online. For schedule and to register visit:

www.basinculture.com

**Pre-registration** is required.

Administered and managed by: P.O. Box 103, Nelson, BC, V1L 5P7 1-877-505-7355 250-505-5505 Info: admin@wkartscouncil.com



Photo: Plein Air Painting Wkshp - W.K. Chapter-Federation of Cdn. Artists

#### **Automotive**

**Auto Parts/Services** 



### TRANSMISSIONS

C & G TRANSMISSIONS: Your local West Kootenay transmission shop. Services all transmissions, transfer cases & differential repairs. Bonnington, 250-505-7632.

DO YOU OFFER SENIORS' DIS-COUNTS? Advertise your discount in a classified ad for FREE in the month of January! Call 250-353-2602, 1-800-663-4619 or email info@penny wiseads.com for more info or to place your ad.

KEEPING THE WHEELS OF KASLO TURNING: Kaslo Automotive, 250-353-2645, www.kasloautomotive.ca

#### **Automotive**

#### **Auto Parts/Services**

PENNYWISE HOLIDAY HOURS: Closed Friday, Dec. 17 thru Monday, Jan. 3. Live Loading Classified Ads Daily, Dec. 20-23 and Dec. 28-30 Submit your ads at https://www.pennvwiseads.com/ad-submit/ or email info@pennywiseads.com Re-opening Tuesday, Jan. 4 at 10am. Happy Holidays!!

#### **Real Estate**

#### **Agents**

**BUY AND SELL ON YOUR OWN TERMS!** Explore how you could save thousands on commission. www. propertyguys.com

HARDWORKING HOME TO AGENTS! Remax All Pro Realty, 250-368-5000, www.allprorealty.ca

TURN "SELLING INTO SOLD": Leverage my experience and marketing tools to sell your home. Greg Gritchin, Fair Realty, 250-365-9791.

#### **Real Estate**

#### **Agents**

**OUR DEDICATED AND HIGHLY** SKILLED AGENTS specialize in offering an array of resources to help you with all your real estate needs. www. castlegarrealty.ca

#### Rentals

#### **Residential Rentals**

2BATH HOUSE, EAST 2-3BDR. TRAIL: A/C, f/s/d, available Jan. 1, rsks2008-trailbcrental@ya hoo.com

**2BDR APARTMENT:** Upper Warfield, \$1200/mo. +utilities. 250-231-3538.

BRAND NEW MANUFACTURED HOME: 2bdr, 2 full bathroom, 20mins from Nelson, non-drinking, ns/np, \$2000/mo. +utilities. 778-989-6770, 604-652-3971.

MATURE FEMALE TEACHER SEEKS **HOUSING:** Nelson-Creston area. Dog, non-smoker/drinker/partier. References, credit. 236-833-1638.

#### Rentals

#### **Residential Rentals**

2BDR COTTAGE: 3550 South St, Ainsworth. Furnished, ns/np. Renter responsible for mowing & watering lawns, leaf removal, snow removal from driveway & cottage roof, and for electricity during rental period. Available, Jan. 16, 2022. Owner wishes to use cottage for the month of August each year. More info, call Irv or Anne, 403-327-0541, Lethbridge, Alta.

#### Seniors

#### **Discounts**

**BALFOUR SUPERETTE OFFERS 10%** off purchases for all Seniors. 7824 Hwy 3A, 250-229-4612.

**CORNUCOPIA SENIORS DAY: 10%** off your purchase every Friday, 9am-5:30pm. 422 Front St, Kaslo. 250-353-2594.

SENIORS RECEIVE 10% OFF supplement purchases at Sunnyside Naturals everyday. 404 Front St, Kaslo. 250-353-9667

#### **Seniors**

#### **Discounts**

DID YOU KNOW each Thursday Seniors receive 20% off regular priced items at Shoppers Drug Mart 1116 Lakeside Dr. Nelson? Some exclusion apply. 250-352-7268.

**FVFRY DAY IS SENIORS DAY** at Nelson Remedy's RX 737 Baker St. Mention you are a Senior and receive 10% off your purchase. Some exclusion apply. 250-352-0022.

EVERY FRIDAY IS SENIORS DAY at Salmo Valley Pharmacy. Receive 10% off your purchase. 107 4th St, 250-357-9444

**EVERY THURSDAY SENIORS RE-**CEIVE 20% OFF regular priced items. Some exclusion apply. Shoppers Drug Mart, 1965 Columbia Ave, Castlegar. 250-365-5888.

EVERY TUESDAY Seniors receive 20% off regular priced items. Some exclusion apply. Pharmasave Nelson, 685 Baker St, 250-352-2316.

14 Dec 20, 2021

#### Our lakes and rivers remain free from destructive mussels

The BC Invasive Mussel Defence Program was in full swing in 2021. The goal of the program is to prevent the introduction of zebra and quagga mussels (ZQM) into BC. The program began in 2015 and consists of watercraft inspection stations, an outreach program, and lake monitoring.

In 2021, the Central Kootenay Invasive Species Society (CKISS) collected 267 samples from nine waterbodies in the Central Kootenay region as part of the provinces' mussel lake monitoring program. The samples were then sent to a provincial lab for analysis.

The CKISS recently received good news - all the samples came back negative for the presence of ZQM!

ZQM are two freshwater invasive species that are originally from the Baltic Sea. They were introduced to North America's Great Lakes in the 1980s via ballast water of international shipping vessels. They have since spread throughout Ontario, Quebec, Manitoba, and twenty-four America states. Early detection of ZQM is critical because they have negative impacts on biodiversity, water quality, recreation, fisheries, species at risk, and infrastructure such as hydropower facilities and municipal water supplies.

The negative results report is welcome news considering earlier in the year the province and CKISS were alerted that live invasive zebra mussels had been found in shipments of aquarium moss balls sold at pet stores in BC and other western provinces and states. The BC Conservation Officer Service sprang into action and reached out to over 1100 pet stores and seized more than 9000 moss balls to prevent the sale of moss balls that may be contaminated with ZQM.

The overland movement of uncleaned watercraft and related equipment is the number one way that ZQM spread to a new waterbody. The small mussels attach to hard surfaces, like boat hulls, and can survive for several weeks out of water. In addition,

the free-swimming larvae of ZQM can survive for weeks in standing water in a boat's bilge, ballast, wells, or engine compartments. For this reason, the BC Invasive Mussel Defence Program coordinated nine water craft inspection stations along



CKISS Aquatics program coordinator collecting plankton samples at Kootenay Lake. photo: CKISS

major transportation corridors throughout the province from mid-May to late October 2021. It is mandatory for ALL watercraft to stop at these stations to be inspected for the presence of ZQM.

It would only take one contaminated boat to start a new ZQM infestation! CKISS would like to remind the public that suspected invasive mussels should be reported immediately to the Conservation Officer Service's Report All Poachers and Polluters: 1-877-952-7277 (RAPP). In addition, all watercraft owners should follow *Clean*, *Drain*, *Dry* protocol when traveling between waterbodies to prevent the spread of aquatic invasive species. Aquarium owners are urged NEVER to dump the contents of their aquariums into natural waterways or drains. Dispose of aquatic plants by drying and freezing them and then

adding to household garbage.

For more information about the BC Invasive Mussel Defence Program, please visit www.gov.bc.ca/invasivemussels.

### Free arts and culture grant writing workshops

Want to learn more about how to apply for arts and culture grants delivered by the Columbia Kootenay Cultural Alliance? Attend a free workshop with a CKCA representative, who will share how to apply and what to expect from the application process.

Individuals working in all artistic disciplines as well as arts and cultural organizations residing in the Columbia Basin are invited to attend the workshops.

The Columbia Basin Trust's arts and culture grants are managed and administered by CKCA. The Trust proudly supports initiatives and projects that highlight Basin arts and culture.

Working with community arts councils, individual artists, performers, writers, and arts and cultural organizations, the goal of the Columbia Kootenay Cultural Alliance is to build long-term sustainability for artists and to strengthen and support arts and cultural organizations.

Workshops start in December and run through January, online. Workshops are FREE. Pre-registration is required. For dates and to register visit: www.basinculture.com .

More information and general funding policies are available online at www.basinculture.com. The 2022 funding program information is expected to be launched mid-January 2022. Further questions? E-mail admin@wkartscouncil.com or call 1-250-505-5505; toll free 1-877-505-7355.

CKCA

This, and other editorial articles may be viewed, printed or downloaded from the Editorial page at the Pennywise website: www.pennywiseads.com

## Alcohol & Drug Information & Referral Service 1 800 663-1441

This service is available to people across B.C. needing help with any kind of substance abuse issues 24 hours a day. It provides information and referral to education, prevention and treatment services and regulatory agencies.

#### Call for muralists and walls

Nelson International Mural Festival is entering its fifth year and we are once again inviting artists and building owners to apply to participate in the festival.

The Nelson International Mural Festival has become a community fixture through the annual creation of large-scale public artworks painted by professional artists. Year-round, these artworks enliven urban spaces and promote cultural vibrancy in the community. Artists paint their murals throughout the summer months, and then the festival culminates in a weekend of live performance and educational opportunities open to all. Artist and Building Owner applications are currently available on our website and close on January 21, 2022. For more information on the event and application forms, check out www.nelsonmuralfest.ca.

Any questions can be directed to Executive Director Sydney Black at info@ndac.ca.

## Crisis Line Association of BC In Crisis?

**Call 1-800-SUICIDE** = (1-800-784-2433) to speak with crisis line workers anytime of the day or night.

Looking for information and support? Call 310-6789 to reach the Mental Health and Information and Support Line, from anywhere in the province. You a will receive emotional support, and information on appropriate referral options and a wide range of support relating to mental health concerns.

### Have Your Say. Notice of Waiving Public Hearing

**Bylaw 2757:** to amend Regional District of Central Kootenay Zoning Bylaw No 1675, 2004 Proposed amendments include the following:

- 1. Revision of the definition of park and parks permitted in any zone
- 2. Revisions to the maximum number of Shipping Containers allowed in certain zones
- 3. Revision of permitted locations of 2.0 m tall fences in R1, R7 & HR-I zones
- 4. Removing ability to construct accessory buildings prior to establishing a principal use in residential zones
- 5. Housekeeping amendments such as correcting schedule references

#### Learn more.

Review the proposed amendments from January 4 - 20, 2022

**Online:** www.rdck.ca/landuseapplications

In Person: RDCK, 202 Lakeside Drive, Nelson BC Mon - Fri: 8:30 am - 4:30 pm

#### Tell us what you think.

Written submissions can be made directly to the Regional District by mail, email or dropped off in person by 4:00 pm on January 19, 2021 \*

\*All written submissions are public information pursuant to the Freedom of Information and Protection of Privacy Act.



rdck.ca

Please direct enquiries to Dana Hawkins | 250.352.8153 | dhawkins@rdck.bc.ca

#### Seniors

#### **Discounts**

FIRST TUESDAY OF EVERY MONTH Seniors receive 10% off regular priced items at Shop Easy, 303 Main St in Salmo. 250-357-2316. Some exclusions apply.

**L'BEAR'S NATURAL FOODS** in Trail offers 10% off all vitamins everyday for shoppers 60+. 1339 Cedar Ave, 250-368-8318.

**LAST MONDAY OF THE MONTH** T.H.E. Pharmacy - Castlegar offers Seniors 20% off storewide. 1002 Columbia Ave, 250-365-0001.

#### Seniors

#### **Discounts**

MENTION YOU ARE A SENIOR (65+) and receive 15% off regular priced supplements at Nature's Health Products. 461 Josephine St, Nelson. 250-352-7557.

**SENIORS DAY EVERY THURSDAY:** Receive 20% regular priced items at Shoppers Drug Mart, 1305 Cedar Ave, Trail, 250-368-3341. Some exclusion apply.

**SENIORS DISCOUNT DAY (10% OFF EVERYTHING)** on the first Friday of the month at Raven Acupuncture Holistic Acupuncture. 250-551-2581,

#### Seniors

#### Discounts

**SENIORS GET 10% OFF AT EVERY VISIT** with Clean Between Dental Hygiene. For natural teeth, some of them or even full denture health care. Providing in office and mobile service. Call 250-365-8024, Castlegar for details.

**SENIORS WHO SHOP PHARMA-SAVE, CASTLEGAR** every Tuesday, receive 20% off regular priced items. Some exclusion apply. 1128 3rd St, 250-365-7813.

#### Seniors

#### **Discounts**

SENIORS! SHOP THE FIRST WEDNESDAY OF EVERY MONTH and receive 10% off your purchase. Some exclusions apply. Kaslo Front Street Market, 411 Front St, 250-353-2331.

**SHOPPERS SIMPLY PHARMACY** offers Seniors 20% regular priced items every Thursday. Some exclusion apply. #117 1983 Columbia Ave, Castlegar, 250-365-3400.

**SMALL ENGINE TUNE-UPS AND REPAIRS:** All makes and models. Snowblowers, chainsaws, etc. Senior Discount offered. 250-365-0005.

#### Youth

#### Entrepreneur



HANDMADE CARDS BY ELLA: Christmas designs currently available. More to come! For more information please email s.pang

email s.pang burn@hotmail.com A portion of all proceeds raised will be donated to the Castlegar SPCA where Ella volunteers.

#### LIKE US ON FACEBOOK TO KEEP UP TO DATE ON ALL THE LATEST HOMES ON THE MARKET: www.facebook.com/PropertyGuys.comWestKootenays



\$289,000

A home that comes with a PARK!! This corner lot backs irectly onto Millennium Park o the banks of the Columbia Rive 2 bed 1 bath home is perfect for a young family or for someone wishing to downsize. 1-778-738-1697

\$1,190,000

2500'+ waterfront! 5 bed 4 ath log home on over 30 acres

plus 44 unit self storage &

illboard business and 30x60' shop. So much potential to subdivide waterfront lots.



Charmer with promise! This name in Grand Forks is a 2 bed 1 bath situated on a level lot in a quiet part of town, ideal for neone starting off, a young

**Property** 

Guys.com



Stunning 3 bed 3 bath secutive home! B&B potential In the peaceful community of Robson, just minutes from Castlegar. Lots of natural

\$850,000

Little Slocan riverside & view house & property!! Amazing

sun exposure! Sandy, sunny

and shady beaches!! Previo

\$829,000

#### 1-778-738-1697



#### ADMINISTERED



Lisa Rein Grants Coordinator rdckgrants@rdck.bc.ca

Nelson, BC V1L 5R4

#### Apply now! COMMUNITY INITIATIVES AND AFFECTED AREAS PROGRAMS (CIP/AAP)

#### APPLY ONLINE

Wish to apply for project funding? The guideline, worksheet and online application are available on the RDCK website at

rdck.ca/cip-aap

Apply by 4:30pm, Friday, February 11, 2022.

### Columbia trust



& MANAGED BY



250.352.8170

Box 590 202 Lakeside Drive



1-778-738-1697

MONTROSE 198500

\$399,800 1-250-485-8988 1-778-738-1697



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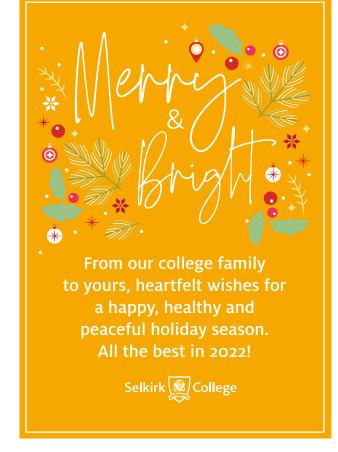
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Peace to all!

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# Gest Wishes for the Holidays, and for CHealth and CHappiness Throughout the Coming Year

From all of us at Castlegar Realty





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